

A Non-Comprehensive List of Oppressions

Negative attitudes / systemic and systematic discrimination against:

- **ableism** = people with one or more disabilities
- **adulthoodism** = young people and children
- **ageism** = persons of an older age group
- **antisemitism** = Jewish people
- **antiziganism** = Roma, Sinti and other Romani people
- **adeophobia** = people who are asexual
- **aporophobia** = people living in poverty
- **classism** = based on socioeconomic class
- **transphobia** = transgender people
- **colorism/shadeism** = darker skin color (distinct from racism, but derived from white supremacy)
- **ethnocentrism** = non-dominant cultures
- **heterosexism** = homosexuals and Queer-identified people
- **islamophobia** = muslim community
- **linguicism** = languages considered less prestigious
- **lookism** = who doesn't fit with what is considered 'beautiful'
- **saneism** = who has (maybe) been diagnosed with a psychiatric condition
- **nativism** = migrants
- **racism** = people from the Global South or who have physical traits associated with the Global South
- **sexism** = women
- **sizeism** = based on a person's size.