# **Buddy-building**

## A strategy to learn with and from each other

Welcome to this tutorial on the buddy-system!

Here you will find some key suggestions to accompany your group of youngsters throughout their KIDS4ALLL adventure.

KIDS4ALLL was conceived to foster peer-learning and is based on the "buddy-system",

a strategy to learn with and from each other.

## Create buddy-teams!

The first thing you need to do is to create buddy-teams, couples of young people who match, even if they seem quite different from each other. One tip for your matching-task: ask them to write down what they are interested in, their personality traits and competences and also their concerns and wishes regarding collaboration with their future buddy.



WELCOME

# HELP THEM



### Help them to get started!

When the buddy-teams are formed, help them to get started!

First, they need to get to know each other and develop the principles of their collaboration. For example:

- -patience
- -friendly communication
- -no fighting about who is right
- -no judging
- -no competition
- -constructive discussions



### Common goals!

Then, they need to set their common goals. You can support them, for example, by suggesting focusing on one of the 8 key competencies of the know.what area.

During their collaboration, observe how they get along and intervene if you feel their relationship is not balanced.

When conflicts arise, help them change their perceptions and to switch from WHAT they want to WHY they want it.

#### Final reflection!

At the end of their adventure, it is time for a final reflection on the challenges they have faced and the things they have learned!

The buddy-system is defined by equality, solidarity and mutual enrichment. Help them to develop values, such as kindness, the courage to speak up and respect and empathy, which will make their own lives and the lives of those around them more peaceful and exciting.



