The design of all LS has five dimensions:

- 1. a structuring invitation
- 2. how the space is arranged and what materials are needed
- 3. how participation is distributed
- 4. how groups are configured
- 5. a sequence of steps and time allocation



The 33 Liberating Structures quickly foster lively participation in groups of any size, making it possible to truly include and unleash everyone.

All LS relay on following principles:

- Include and Unleash Everyone
- Practice Deep Respect for People and Local Solutions
- Build Trust As You Go
- Learn by Failing Forward
- Practice Self-Discovery Within a Group
- Amplify Freedom AND Responsibility
- Emphasize Possibilities: Believe Before You See
- Invite Creative Destruction To Enable Innovation
- Engage In Seriously-Playful Curiosity
- Never Start Without Clear Purpose



Is this elephant in your room?